

Marathon Health Overview & FAQ

Who is Marathon Health?

We partner with your employer to provide you with high-quality care – the way you need it. We're lighting the way to better healthcare with onsite, near-site, and virtual care. Our dedicated team of healthcare professionals is ready to prioritize your needs and work alongside you on your personal health journey.

So, here's what we're committed to:

- **No more strangers.** Your Marathon Health provider will know you as a person and not just the symptoms you came in for.
- **Proactive care.** We see health holistically; this means we slow things down to help get ahead of problems before they arise.
- **Unforgettable experiences.** With friendly teams, top providers, short wait times, and invested follow ups, we guarantee this will be an experience like no other.
- **Working toward what matters to you.** We provide you with the knowledge and tools for you to work your way to better health, no matter what that looks like for you.
- **Kept promises.** It's that simple.

Services Overview:

Primary Care

- Ages 12+
- Acute & preventive services
- Routine physicals & wellness visits
- Care of colds/flu, minor injuries, wound care, etc.
- Specialist referral services

Pediatric Care*

- Ages 2-12
- Minor illness & injuries: cuts, bumps, bruises, sprains
- Sports & camp physicals (5+)

Wellness Services

- Biometric screenings
- 1:1 health coaching
- Group wellness programming
- Chronic condition management
- Behavioral and Mental Health Services (12+)

Medications & Lab Services

- 150+ cost-saving medications
- Free home delivery (for most medications)
- 3,000+ labs
- EKG & PFT diagnostic tests

Virtual Care

- Video- & telephone-based care
- Connect with your trusted Marathon Health provider

Marathon Health Portal

- Schedule an appointment online
- View services, locations & hours
- Access test & lab results
- Request medication refills

*Marathon Health is not a pediatric practice and does not offer well checkups, routine physicals, chronic disease management or immunizations for children under 12.



To get started, **scan the QR code** to register your secure account or visit my.marathon-health.com

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How is Marathon Health different from other healthcare providers?

Marathon Health offers a total wellness approach, focusing on preventive care. We're more than just the place to go when you're sick. We offer you convenient, patient-centered care that allows for longer appointment times, deeper conversations, and ongoing health and wellness coaching.

What does this all mean for you?

- More time with your providers
- Say goodbye to long wait times
- Same-day & next-day appointments

Who are the providers for Marathon Health?

All Marathon Health providers are nationally certified, and state licensed.

How do I schedule an appointment?

Before scheduling an appointment online, register your account on the Marathon Health Portal at member.ourhealth.org. Once logged in, click the "Appointments" tab on the left-hand side.

How much does it cost?

Here's the best part – all preventive Marathon Health services (such as annual physicals, chronic condition care and labs) are provided at no cost to eligible members. That's right – no co-pay, no bills, and no fees.

Can I get medications at Marathon Health?

- Marathon Health offers 150+ common medications dispensed onsite & most medications may be delivered to your home.
- Preventive medications are provided at no charge.
- Marathon Health does not provide any controlled substances such as narcotics.
- You can bring a prescription written by an outside provider to a Marathon Health provider.
- Marathon Health requires a consultation with a provider when filling a prescription to ensure oversight of your medical treatment.

Can I bring in general labs ordered from an outside physician?

Marathon Health can perform 3,000+ onsite lab tests, including labs ordered by an outside provider or specialist. Marathon Health will not review or provide the results of labs ordered by outside providers. All results of labs ordered by an outside provider will be sent directly to the ordering provider.

What is the Marathon Health Portal?

The portal is a "go-to" destination on your health and wellness journey. To get started, [scan the QR code](#) below to register your secure account or visit my.marathon-health.com

As torchbearers for better health, we're here to make it easy and affordable to get the services and care you deserve.

